

Bruce D. Forman

PERSONAL INFORMATION

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Weston, Florida 33326

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Websites: www.ModernRabbi.com
www.DrBruceForman.com

EDUCATION

B.A. Hofstra University
1971 Major: Psychology

M.Ed. University of North Carolina at Chapel Hill
1973 Major: School Psychology

Ph.D. Duke University
1978 Major: Counseling Psychology
Minor: Mental Health Program Administration

Semicha Rabbinical Seminary International
2003 New York, NY
Ordination as Rabbi

Semicha Maggid Yitzhak Buxbaum
2009 Brooklyn, NY
Ordination as Maggid

LICENSURE; CERTIFICATION

- Licensed to practice psychology:
Florida: #PY3471
Missouri: #ROO66 (inactive)
- Certified Hypnotherapist, American Board of Hypnotherapy, #H11127
- Certified Jewish Healer, Jewish Healing Institute

PROFESSIONAL EXPERIENCE

1973-
1974 Psychologist II
Sandhills CMHC
Pinehurst, NC

1976-
1977 Clinical Psychology Intern
University of North Carolina/NC Dept. of Mental Health
Chapel Hill & Butner, NC

1977-
1980 Psychologist II
Columbia Area CMHC
Columbia, SC

1980-
1981 Post-Doctoral Fellow (Non-Regular Faculty)
Department of Psychiatry
Missouri Institute of Psychiatry
University of Missouri School of Medicine
St. Louis, MO

1981-
1983 Assistant Professor
Dept. of Psychiatry
University of South Dakota School of Medicine
Yankton, SD

1983-
1991 Associate Professor
Counseling Psychology Program
Director of MFT Training
University of Miami
Coral Gables, FL

1986-
1995 Adjunct Associate Professor
Department of Psychiatry
Department of Family & Community Medicine
University of Miami
Miami, FL

1992-
2000 Professor
Greenwich University
Hilo, HI

1992 Vice President/Clinical Director
Psychological Services Division
American Complex Care, Inc.
Plantation, FL

1993	Consulting Psychologist & Acting Director of Mental Health Program Rehabworks of FL, Inc., a subsidiary of Continental Medical Systems, Inc. Plantation, FL
1994- 1996	Co-Director Family Therapy Training Child & Adolescent Psychiatry Program The Retreat Sunrise, FL
1986- 1997	Independent Practice Miami & Fort Lauderdale, FL (full-time since 1993)
1997- Present	Independent Practice Weston, FL
2000- 2003	Dean of Academic Affairs Center of University Studies Graduate College Monterrey, Nuevo Leon, Mexico (US Office) Fort Lauderdale, FL
2007- 2008	Visiting Rabbi Congregation Beit Chaverim Sunrise, FL
2010- 2014	Rabbi Temple Chaim Margate, FL

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (Divisions: Psychotherapy, Hypnosis, Independent Practice, Family)
- American Association for Marriage & Family Therapy (Clinical Fellow & Fellow)
- Florida Association for Marriage & Family Therapy
- National Association of Jewish Chaplains
- International Federation of Rabbis
- Florida Society of Clinical Hypnosis

EDITORIAL RESPONSIBILITIES

- 1982-
1995 Editorial Board Member
Psychotherapy in Private Practice
- 1988-
1989 Associate Editor
Psychotherapy
- 1989-
1993 Contributing Editor
Psychotherapy Bulletin
- 1990-
1994 Series Editor
Professional Practice Management Series
Professional Resource Press
Sarasota, FL
- 1993-
2004 Editorial Board Member
Psychotherapy: Theory, Research, Practice & Training
- 1998-
Present Program Reviewer
AAMFT Annual Convention Programs
- 2006-
Present Guest Reviewer (religious issues)
Journal of Family Psychology

ADMINISTRATIVE RESPONSIBILITIES

- 1978-
1979 Vice-Chair
People Against Sexual Assault
Columbia, SC
- 1978-
1980 Vice-Chair
Research and Evaluation Committee
Quality Assurance Program
Columbia Area Mental Health Center
Columbia, SC
- 1979-
1980 Chair
People Against Sexual Assault
Columbia, SC
- 1979-
1980 Chair, Primary Prevention Information Resources Committee
South Carolina Department of Mental Health
Columbia, SC
- 1984-
1989 Director of Research
Institute for Family Living
University of Miami

1985-1992 Member, Board of Directors
Epilepsy Foundation of South Florida
Miami, Florida

1985-1988 Chair, Professional Education Committee
Epilepsy Foundation of South Florida
Miami, Florida

1985-1990 Director, Marriage and Family Therapy Training,
Counseling Psychology Program,
University of Miami

1985-1990 Member, Faculty Senate
(Council Member 1986-87; 1988-90)
University of Miami

1985-1990 Member, School Council
School of Education
University of Miami

1986-1987 Member, Board of Directors
Epilepsy Foundation of Florida

1988-1989 Program Chair, 1989 Mid-Winter Convention,
Sponsored by Divisions of Psychotherapy (29),
Independent Practice (42), and Family Psychology
(43), American Psychological Association

2003-2007 Chaplain
Boy Scout Troop 383
Weston, Florida

2006-2013 Member, Board of Directors
Samuel M. and Helene Soref Jewish Community Center
Plantation, Florida

2009-2011 Vice Chair
Managed Care Ombudsman Committee, Broward County (District X)
Florida Agency for Health Care Administration

REFEREED JOURNAL ARTICLES

- Forman, S.G. & Forman, B.D. (1978) A Rational Emotive Therapy approach to consultation. *Psychology in the Schools*, 15, 400-406.
- Forman, B.D. & Forman, S.G. (1978) Irrational beliefs and personality. *Journal of Personality Assessment*, 42, 613-620.
- Forman, B.D. & Florenzano, R.U. (1979) Blood alcohol concentration on arrest as an indicator of problem drinking in DUI offenders. *Psychiatric Forum*, 8, 47-50.
- Forman, B.D. & Forman, S.G. (1979) Irrational beliefs and psychological needs. *Journal of Personality Assessment*, 43, 633-637.
- Forman, S.G. & Forman, B.D. (1980) Rational Emotive staff development. *Psychology in the Schools*, 17, 90-96.
- Forman, B.D. (1980) Psychotherapy with rape victims. *Psychotherapy: Theory, Research & Practice*, 17, 304-311.
- Forman, B.D. (1980) Cognitive modification of obsessive thinking in a rape victim: A preliminary study. *Psychological Reports*, 47, 819-822.
- Forman, B.D. & Sass, N.M. (1981) Developing a data file for rape prevention through interagency collaboration. *Hospital & Community Psychiatry*, 32, 129-130.
- Forman, S.G. & Forman, B.D. (1981) Family environment and its relation to adolescent personality factors. *Journal of Personality Assessment*, 45, 163-167.
- Forman, B.D. & Shachar, S.A. (1982) Elevating the status of psychologists: A simple solution. *Professional Psychology*, 12, 291-292.
- Forman, B.D. & Shachar, S.A. (1982) A counselor's guide to community services for rape victims. *American Mental Health Counselor's Association Journal*, 4, 59-69.
- Hagan, B.J., Forman, B.D. & Gorodezky, M.J. (1982) The impact of economic stress on community mental health. *Administration in Mental Health*, 10, 104-109.
- Forman, B.D. (1982) Reported male rape. *Victimology: An International Journal*, 7, 235-236.
- Forman, B.D. (1983) Assessing the impact of rape and its significance in psychotherapy. *Psychotherapy: Theory, Research & Practice*, 20, 515-519.
- Forman, B.D. & Wadsworth, J.C. (1983) Delivery of rape-related services in CMHCS: An initial study. *Journal of Community Psychology*, 11, 236-240.
- Forman, B.D. & Hagan, B.J. (1983) A brief training program for non-professional hospital staff. *Hospital & Community Psychiatry*, 34, 639-641.
- Forman, B.D., Eidson, K. & Hagan, B.J. (1983) Measuring perceived stress in adolescents: A cross validation. *Adolescence*, 18, 573-576.
- Forman, B.D. & Hagan, B.J. (1983) A comparative review of total family functioning measures. *American Journal of Family Therapy*, 11, 25-40.
- Forman, B.D., Lewis, G.P. & Bean, D.W. (1983) An evaluation of patient care at South Dakota Human Services Center. *South Dakota Journal of Medicine*, 36, 17-19.
- Forman, B.D. & Forman, K.S. (1983) Marketing concepts for psychotherapists. *Psychotherapy in Private Practice*, 1, 39-49.
- Forman, B.D. (1984) Family of origin work in systemic/strategic therapy training. *The Clinical Supervisor*, 2, 81-86.
- Forman, B.D. & Hagan, B.J. (1984) Measures for evaluating family functioning. *Family Therapy*, 11, 1-36.
- Forman, B.D., Lindquist, S.B., Lewis, G.P. & Johnson, F.C. (1985) Brief therapy in a rural psychiatric hospital acute care unit. *Psychiatric Forum*, 13, 57-65.

- Forman, B.D. (1985) Use of hypnosis for improving medication compliance in psychiatric patients. *Southern Medical Journal*, 78, 242-244.
- Forman, B.D. & Gray, S.W. (1985) A cognitive-behavioral approach to health promotion. *Clinical Gerontologist*, 3, 44-45.
- Forman, B.D. (1985) Brief strategic therapy for an elderly man with psychosomatic complaints. *Clinical Gerontologist*, 3, 62 -64 .
- Forman, B.D. & Wadsworth, J.C. (1985) Rape related services in federally-funded Community Mental Health Centers. *Journal of Community Psychology*, 13, 402-408.
- Einspruch, E.L. & Forman, B.D. (1985) Observations concerning research literature on Neuro-Linguistic Programming. *Journal of Counseling Psychology*, 32, 589-596.
- Forman, B.D. (1986) Citation classics in family therapy. *Journal of Marital and Family Therapy*, 12, 97-100.
- Forman, B.D. & Crandall, J.E. (1986) Social interest, irrational beliefs, and identity. *Individual Psychology*, 42, 26-34.
- Forman, B.D., Cava, E. & Powell, E.A. (1986) Neuro-Linguistic Programming: An adjuvant to cognitive and behavioral therapy. *Corrective and Social Psychiatry*, 32, 117-123.
- Forman, B.D. & Gropper, R.L. (1987) Hypochondriasis and organic brain syndrome in non-institutionalized elderly. *Clinical Gerontologist*, 6, 56-58.
- Einspruch, E.L. & Forman, B.D. (1988) Neuro-Linguistic Programming in the treatment of phobias. *Psychotherapy in Private Practice*, 6, 91-100.
- Forman, B.D. (1988) The process of journal article publishing. *Counselor Education and Supervision*, 28, 181-185.
- Forman, B.D. (1988) Assessing perceived patterns of behavior exchange in relationships. *Journal of Clinical Psychology*, 44, 972-981.
- Forman, B.D. (1988) How to be a failure in private practice. *Psychotherapy Bulletin*, 23, 11-14.
- August, R.L. & Forman, B.D. (1989) A comparison of sexually abused and non-sexually abused children's behavioral responses to anatomically correct dolls. *Child Psychiatry and Human Development*, 20, 39-47.
- Becker, S.K. & Forman, B.D. (1989) Zen Buddhism and the psychotherapy of Milton Erickson: A transcendence of theory and self. *Psychology*, 26, 39-48.
- Forman, B.D. & Stein, D.T. (1989) Perceptions of behavior exchange patterns in distressed and non-distressed couples. *Psychotherapy Bulletin*, 25, 11-14.
- Edwards, C.A. & Forman, B.D. (1989) Effects of child interview method on accuracy and completeness of sexual abuse information recall. *Social Behavior and Personality*, 17, 237-247.
- Sageser, P.S. & Forman, B.D. (1989) Toward a theory of muddle-headed therapy. *Psychotherapy Bulletin*, 24, 9-13.
- Stein, D.T. & Forman, B.D. (1990) A comparison of distressed and non-distressed couples' behavior exchange patterns. *Family Therapy*, 17, 251-260.
- Moyerman, D.R. & Forman, B.D. (1992) Acculturation and adjustment: A meta-analytic study. *Hispanic Journal of Behavioral Sciences*, 14, 163-200.
- Forman, B.D. (2012). A novel variation of thought stopping technique. *Advances in Medical Psychotherapy & Psychodiagnosis*, 13, 76-78.

OTHER PUBLICATIONS

- Forman, B.D. & McKinney, J.D. (1975) Teacher perceptions of the classroom behavior of learning disabled and non-learning disabled children. *National Association of School Psychologists Convention Proceedings*, pp. 285-286.
- Forman, B.D. (1982) A substance abuse screening checklist. In P.A. Keller and L.G. Ritt (Eds.) *Innovations In clinical practice: A source book*, Vol. 1. pp. 289-292.
- Forman, B.D. (1983) Book review: Principles of psychotherapy with children. *Psychotherapy in Private Practice, 1*, 99-100.
- Forman, B.D. (1984) Book review: Rational Behavior Therapy. *Psychotherapy in Private Practice, 2*, 93-94.
- Cava, E. & Forman, B.D. (1985) Neuro-Linguistic Programming: An instrument for managing the doctor/patient relationship. *Miami Medicine, 56*, 15-17.
- Forman, B.D. (1986) Neuro-Linguistic Programming. *National Association of School Psychologists 18th Annual Convention Proceedings*, P. 105.
- Hoffman, C.R. & Forman, B.D. (1987) A clinician's guide to menopause. In P.W. Keller and L.G. Ritt (Eds.) *Innovations in clinical practice: A source book*, Vol. 6, pp. 143-149.
- Forman, B. D. (1988) Neuro-Linguistic Programming in couple therapy. *ERIC #ED285068*.
- Forman, B.D. (1990) Understanding paradox: The search goes on. *Journal of Family Psychology, 3*. 403-404.
- Forman, B.D. (1991) Book review: Pre-employment screening for psychopathology. *Psychotherapy in Private Practice, 9*, 178-179.
- Forman, B.D. (1991) Book review: Why some therapies don't work. *Psychotherapy in Private Practice, 9*, 156-157.
- Forman, B.D. (1992) Book review: Successful families: Assessment and intervention. *Journal of Marital and Family Therapy, 18*, 195.
- Forman, B.D. & Cava, E. (1993) Neuro-Linguistic Programming in one-person family therapy. In T.S. Nelson and T.S. Trepper (Eds.) *101 favorite family therapy interventions*, NY: Haworth Press.
- Forman, B.D., Aronson, J. & Combs, M.P. (2003). Family assessment. In G.P. Sholevar & L.D. Schworer (Eds.) *Textbook of family and couples therapy: Clinical applications*, Washington DC: American Psychiatric Publishing, Chapter 13, pp. 277-302.
- Forman, B.D. (2012). A taste of Kabbalah with hypnosis. *Psychological Hypnosis, 21*, 5-7.
- Forman, B.D. & Kaplan, S. (2012). The healing aspects of Jewish beliefs and mourning rituals. In S. Kaplan, W. Kaplan & J. Kaplan (Eds.) *Jewish Healing: Systems and Concepts*. LAP Lambert Academic Publishing: Saarbrücken, Germany.

BOOKS

- Forman, B.D. & Forman, K.S. (1987) *Fundamentals of Marketing the Private Psychotherapy Practice*. Springfield, IL: Charles C. Thomas, Publisher.
- Forman, B.D. & Silverman, W.H. (1998) *Answers to the 50 Most Important Questions About Private Mental Health Practice*. Springfield, IL: Charles C. Thomas, Publisher.
- Kaplan, S.J. & Forman, B.D. (2013) *Clinical Pastoral Psychotherapy: Methods and Perspectives*. Springfield, IL: Charles C. Thomas, Publisher.

MAJOR PRESENTATIONS AND WORKSHOPS

- Forman, B.D. & McKinney, J.D. A comparison of the classroom behavior ratings of learning disabled and normal children. National Association of School Psychologists Annual Convention, Atlanta, GA, 1975
- Forman, B.D. & Forman, S.G. Rational self-counseling: An approach to affective education. Workshop sponsored by Community Psychiatry Division, University of North Carolina, Wrightsville Beach, NC, 1976
- Forman, B.D., Florenzano, R.U. & Rhodes, D.L. The relationship between the Michigan Alcohol Screening Test and blood alcohol concentration: A study of Driving Under Influence (DUI) offenders. Third North Carolina Alcoholism Researchers' Forum, Raleigh, NC, 1977.
- Forman, B.D. Crisis intervention with children: Involving the family. Crisis and Emergency Services Conference, Community Psychiatry Division, University of North Carolina, Chapel Hill, NC, 1977.
- Forman, B.D. Prevention of hospitalization through consultation, education, and crisis intervention. Deinstitutionalization and Aftercare Conference, Community Psychiatry Division, University of North Carolina, Chapel Hill, NC, 1977.
- Forman, B.D. & Forman, S.G. Fundamentals of Rational Behavior Therapy. Workshop presented at Southeastern Psychological Association Annual Convention, Hollywood, FL, 1977.
- Forman, B.D. Issues in counseling women: The rape victim. Presentation at American Personnel and Guidance Association Annual Convention, St. Louis, MO, 1981.
- Forman, B.D., Eidson, K. & Hagan, B.J. Refinement and validation of an adolescent stress scale. Paper presented at Sixth Annual Midwest Conference on Psychology in the Schools, Omaha, NE, 1981.
- Forman, B.D. & Wadsworth, J.C. Rape-related services in federally funded CMHCs. Paper presented at the National Council of Community Mental Health Centers Annual Meeting, New York, NY, 1982.
- Forman, B.D. Current concepts in strategic psychotherapy. Invited address, South Dakota Psychological Association, Sioux Falls, SD, 1983.

- Forman, B.D., Johnson, F.C., Lindquist, S.B. & Lewis, G.P. Family therapy in a rural psychiatric hospital acute care unit. Presentation at the American Association for Marriage and Family Therapy 42nd Annual Convention, San Francisco, CA, 1984.
- Forman, B.D. & Forman, K.S. Active marketing for private practitioners. Presentation at American Psychological Association Divisions 29 & 42 16th Annual Mid-Winter Convention. Miami Beach, FL, 1985.
- Sparti, P. & Forman, B.D. Family assessment instrument: Clinical and teaching applications. Presentation at Society of Teachers of Family Medicine Annual Conference, Amelia Island, FL 1985.
- Forman, B.D. Epilepsy's impact on marital and family relationships. Presentation at Florida Epilepsy Foundation Conference, Orlando, FL, 1985.
- Forman, B.D., Guzman, E., Tremaglio, A. & Fernandez, S. Strategies for working with Latino families: Survival tactics for the 80's and beyond. Presentation at the American Association for Marriage and Family Therapy 43rd Annual Convention, New York, NY, 1985.
- Forman, B.D. & Forman, K.S. An introduction to private practice marketing. Presentation at the American Association for Marriage & Family Therapy 43rd Annual Convention, New York, NY, 1985.
- Forman, B.D. Neuro-Linguistic Programming. Presentation at the National Association of School Psychologists 18th Annual Convention, Hollywood, FL, 1986.
- Forman, B.D. Neuro-Linguistic Programming in couple therapy. Presentation at the American Association for Marriage and Family Therapy 44th Annual Convention, Orlando, FL, 1986.
- Woolfstead, J.S., Mann, D.S. & Forman, B.D. Private practice strategies for the next century: Why wait? Presentation at the American Association for Marriage and Family Therapy 45th Annual Convention, Chicago, IL, 1987.
- Forman, B.D. Introduction to private practice marketing. Invited workshop, Tennessee Psychological Association Annual Convention, Nashville, TN, 1987.
- Forman, B.D. Systemic/Strategic family therapy. Invited workshop sponsored by Affiliates for Evaluation and Therapy and Hospital Corporation of America, Miami, FL, 1988.
- Forman, B.D. (Chair), Mann, D.S., Wakefield, M., Thompson, J. & Woolfstead, J.S. Strengthening your private practice: The big picture. Pre-Convention Institute at the American Association for Marriage and Family Therapy 46th Annual Convention, New Orleans, LA, 1988.
- Forman, B.D. Brief psychotherapy in changing epistemological contexts. Invited address, Italian Society of Neuro-Linguistic Programming, Milan, Italy, 1989.
- Forman, B.D. (Chair), Thompson, J., Wakefield, M. & Woolfstead, J.S. Enhancing your private practice: Crossing bridges to success. Pre-Convention Institute at the American Association for Marriage and Family Therapy 47th Annual Convention, San Francisco, CA, 1989.
- Forman, B.D. The family is not a democracy. Presentation at the American Federation of State, County, and Municipal Employees Convention, Miami Beach, FL, 1990.
- Forman, B.D. A macro-model for understanding private practice. Presentation at a symposium, Ninety-eighth Annual Convention of the American Psychological Association, Boston, MA, 1990.